

NEWSLETTER



Mary
of the Cross
Federation



<https://www.facebook.com/Cathedralschoolofstmary>

30th November 2018

Message from the Head of School

What a busy week we have had here at The Cathedral School! Thank you again for your support with our closure on Wednesday. We are grateful to you for your patience and very proud of the children's mature response.

I am delighted to be serving the school community as acting Head Teacher for the rest of this term. It is an honour. I appreciate your support.

We were very sorry to cancel our disco this week. We know the children always look forward to this special event. We are keen to attract more parents to our Friends of School committee and will be asking for more parents to commit in the near future—further details to follow.

We have many exciting events planned for the lead up to Christmas. Please check our diary dates.

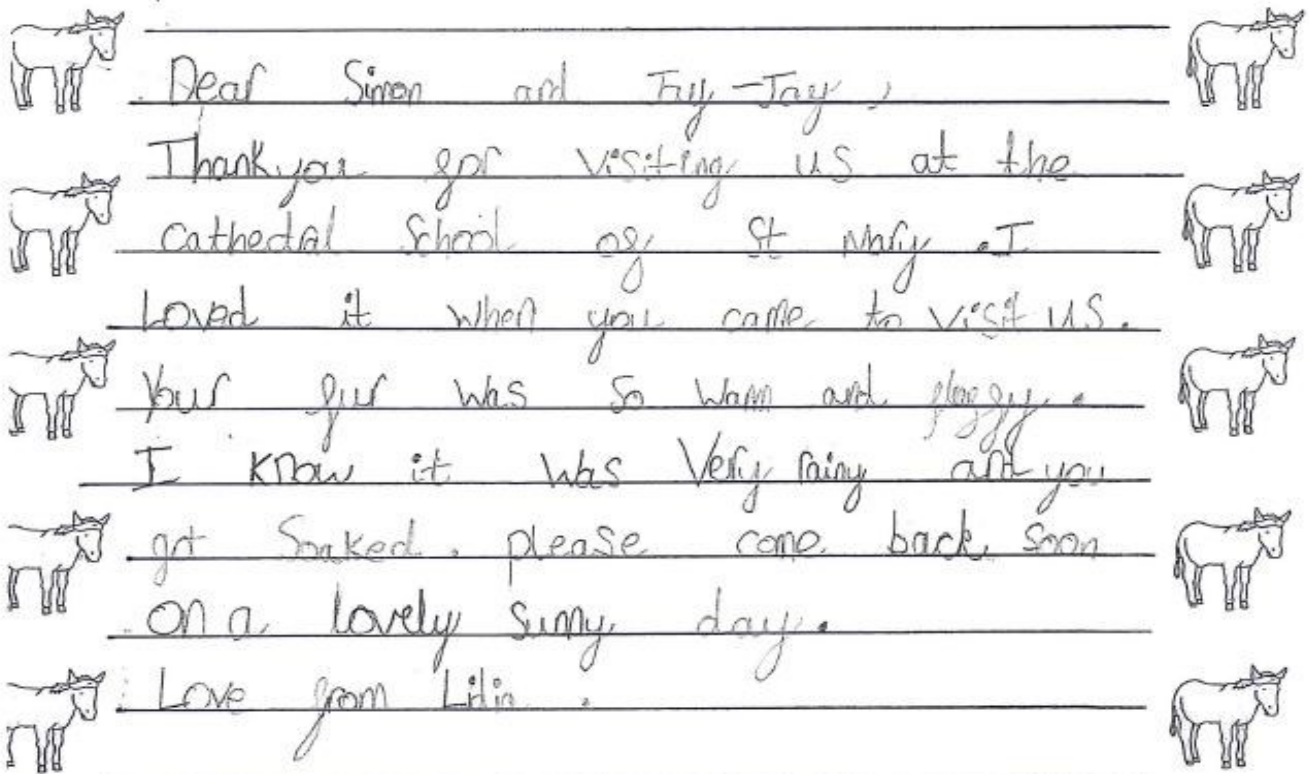
Have a lovely weekend
Mrs D Potterton

dpotterton@maryofthecross.co.uk

Liturgy in School

Please join us for whole school liturgy
on **Monday at 9.00 am.**
The theme for our prayer and worship
next week is:
Be Ready

**Dear Jesus, sometimes I am frightened
by things I hear on the news. Help me
to trust you and know that you are
always there for me. Help me to be
loving and kind so that I bring
goodness into the world and change
things for the better. Amen**



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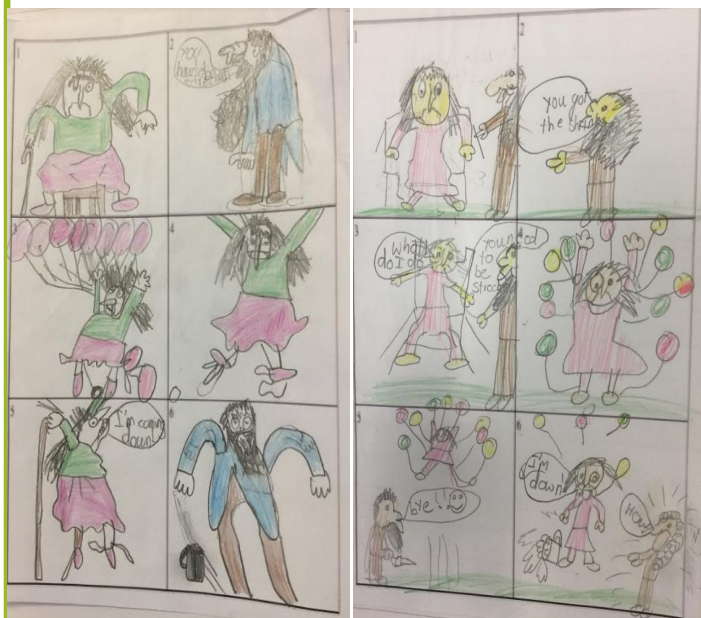
Julia Donaldson	96.00%
Roald Dahl	88.24%
Michael Morpurgo	94.24%
David Walliams	95.42%

Every Minute Counts

Minutes late per day	Equates to days of teaching lost in one year
5 mins	10 Days
10 mins	7 Days
15 mins	10.5 Days
20 mins	14 Days
30 mins	21 Days

Michael Morpurgo and The Twits

We have completing storyboards for their class story of The Twits this week.



Here is a list of some important dates confirmed for this year.

All information is available on our website calendar.

Diary Dates

Thursday 6th December

Yr 5 Widening Horizons trip to National Marine Aquarium.

Friday 7th December

FoS Christmas Fair

Tuesday 11th December

Christmas Productions at the Cathedral, 2:00pm & 6:00pm performances.

Wednesday 12th December

Christmas lunch and Christmas Jumper Day, normal uniform underneath please.

Choir singing at Notre Dame House

Friday 21st December

Christmas Party Day, no uniform.

Last day of term, 3:15pm

Monday 7th January

First day of term, 8:30am

Friday 15th February

Non pupil day

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Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school when they're unwell.

But there are government guidelines for schools that say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school on the first day. Let them know that they won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

Chickenpox

If your child has chickenpox, keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a cold sore. Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have conjunctivitis.

Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

Coughs and colds

It's fine to send your child to school with a minor cough or cold. But if they have a fever, keep them off school until the fever goes. Encourage your child to throw away any used tissues and to wash their hands regularly.

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Ear infection

If your child has an ear infection and a fever or severe earache, keep them off school until they're feeling better or their fever goes away.

Fever

If your child has a fever, keep them off school until the fever goes away.

Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice.

Impetigo

If your child has impetigo, they'll need antibiotic treatment from the GP.

Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share towels, cups and so on with other children at school.

Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see the GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from the GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

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Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because once the rash appears, they're no longer infectious.

If you suspect your child has slapped cheek syndrome, take them to the GP and let their school know if they're diagnosed with it.

Sore throat

You can still send your child to school if they have a sore throat. But if they also have a fever, they should stay at home until it goes away.

Threadworms

You don't need to keep your child off school if they have threadworms.

Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school for 2 days after their symptoms have gone.