



 @cathedralschoolofstmary

 @cathedralplym

Love

Aspiration

Teamwork

Resilience

Honesty

Courage

Term: Summer | Date: June 11, 2021

## THIS WEEK'S NEWS

Welcome back everyone. The children have hit the ground running this week, straight back into their routines and engaging with their learning. It has been great to see.

*Last Sunday, it was a real joy to watch three of our children make their First Holy Communion at the Cathedral. A huge thank you to Mr Driscoll and Canon Mark for their efforts in making this day a special one. As a Catholic school, it is our mission to introduce our children to God. Some children want to take this further by making their sacraments of baptism and holy communion whereas others don't. If your child does, and are in year 3 or above in September, we would love to see them at Holy Communion classes next year.*

Today we had our class photographs. These will be available to buy in the upcoming weeks.

Next week our Year 6 children go on their residential. Let's hope that the weather is kind to them and we look forward to seeing some photos on our social media pages throughout the week.

Whilst on the topic of residential, we have been pleased with the response for next year's residential to Grenville House. Final arrangements are in place to help work out approximate costs before we ask for deposits to be paid before the summer holiday.

Have a great weekend - enjoy the football!!!

Mr Dyson

## BREAKFAST CLUB

**Due to increasing costs and a drop in numbers, we may need to increase the cost of breakfast club next year. This will be shared with parents via newsletter in the coming weeks. If you have a debt on your ParentPay account, please ensure this is paid.**



## THIS WEEK'S HEART OF GOLD AWARD WINNERS ARE...

Explorers Class - Ella for ASPIRATION. Ella has shown an aspirational attitude towards her learning this week. She has been taking responsibility for her own learning by using resources independently to support her in completing activities. Well done Ella, keep it up!

Pathfinders Class - Lena for ASPIRATION. This week Lena has really impressed me by extending her learning at home. She has been accessing google classroom and then making a slideshow about her pet. Not only that, but when we had look and talked about other things we might want to know, she went home, and edited her slideshow. Well done Lena!

Adventurers Class - Rafael for RESILIENCE. Rafael has been working with Mrs Berry and Mrs Nankivell to achieve his reading targets since he returned to school after lockdown. This week, his hard work showed when he made significant progress on Accelerated Reader. Well done Rafael, keep up the good work!

Navigators Class - Tyler for RESILIENCE. He has been working hard to try and meet his targets, improve his presentation and fulfil his potential. He speaks to his peers in a helpful manner and with respect.

Well done Tyler. Keep up the good work.

## CLUBS

Clubs will continue throughout the summer term.

Unfortunately, the football club on Tuesdays and Wednesdays will not restart until the WB 21st June.

There will be no clubs in the final week of term.

# Mental wellbeing support for you and your family

It is normal to feel stressed and overwhelmed during uncertain times. Taking care of your mental health is important.

If you feel low, worried or anxious, or concerned about your finances, your health or those close to you, help is at hand.

If you are over 18, and registered with a Plymouth GP, the following services are available ...

**Plymouth Options** can support you for common mental health problems such as depression, stress and anxiety. Their website has a number of self-help resources and you can access support via a 24/7 online referral form, available on their website.

[www.plymouthoptions.com](http://www.plymouthoptions.com)

[plymouthoptions@nhs.net](mailto:plymouthoptions@nhs.net)

01752 435419 (Mon - Fri, 9am - 5pm)

Please note that there may be a delay in response to telephone requests at this time



**First Response** is a 24/7 support and signposting service provided by mental health professionals. It is available for people experiencing a mental health crisis.



Call 0800 923 9323

If all lines are busy, your call will be placed in a queue

**Livewell**  
Southwest

We support people to lead independent, healthy lives

**PLYMOUTH RAIDERS**



BOOK NOW



**BASKETBALL SESSIONS**  
SESSIONS AVAILABLE FOR AGES 7-14  
**PLYMOUTH CITY THUNDER**



U12s  
THURSDAY 6-7

U14s  
THURSDAY 7-8

**CITY COLLEGE - PLYMOUTH**

LIMITED SPACES AVAILABLE

VISIT [plymouth-raiders-basketball.club/class4kids.co.uk](http://plymouth-raiders-basketball.club/class4kids.co.uk)

## WEEKLY ATTENDANCE



Explorers = 92.05%

Pathfinders = 94.39%

Adventurers = 96.06%

Navigators = 99.55%

**Whole School**

**96.20%**



We have been accepted by Plymouth City Council and the Fit & Fed programme to run a Summer Holiday Camp in our school to support families who are eligible of free school meals.

Further details will be sent out soon.



**Devonport High School For Girls**

**OPEN DAY**

Wednesday 16th June 2021  
A Virtual Event - Visit our website from 9am

Free School Meals students are eligible for a free 11+ Practice Examination  
[www.devonport-hsfg.org.uk](http://www.devonport-hsfg.org.uk)

'Best State Funded Secondary School in the Greater Plymouth Area'  
Net Schools Grade 2018, 2019 & 2020



**WOW! The children have been very busy this week.....**

