

# NEWSLETTER



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7th September 2018

## Message from the Head of School

We have enjoyed a wonderful first week of the school year. Welcome to our new families - you are all part of our lovely Cathedral School family.

I am delighted to have joined the team here at The Cathedral School of St Mary, alongside Mr Driscoll, Mrs Williams, Miss Sandercock and Miss Goddard. Thank you for the warm welcome you have shown us. It has been a pleasure to meet many of you over the last few days and I am looking forward to meeting many more of you in the coming weeks.

Thank you for bringing your child to school on time. We would like every child to arrive in good time for the 8.45am start of the school day. Doors open at 8.30am so that everyone has plenty of time to get to class. We do ask that you drop your child at the door or in the foyer. Parents must be signed in to go any further into school so please do not take your child directly to their classroom. Our lovely office staff are available to take any messages.

Mrs Sheikh works exceptionally hard to provide a wonderful school library for the children. Unfortunately, many books have not been returned from last year. Please support our school by returning all library and school reading books by the end of next week.

Today, every child has bought home a new homework diary. Please sign this book when you listen to your child read each night and return it to your child's bag. We hope you will enjoy looking at the Gospel page each weekend too.

Smart uniform is very important to us at The Cathedral School. Please refer to the uniform policy if you are unsure about our expectations. We are particularly concerned that children are wearing the correct shoes. Mr Cotter and I will be monitoring this closely.

The library summer reading challenge closes on September 15th! Hurry along to your local library so that your child can complete the challenge. They will receive a medal and will be awarded a certificate in celebration assembly.

**Have a lovely weekend.  
Mrs D Potterton**

Here is a list of some Important dates confirmed for this year.

All information is available on our website calendar.



**Wednesday 12th September – New School Year  
Mass, 10am**

**Tuesday 18th September – David Walliams Class  
Mass, 10am**

**Monday 24th September – Educational Welfare  
Officer visiting school**

**Tuesday 25th September – Michael Morpurgo Class  
Mass, 10am**

**Friday 28th until Wednesday 3rd October –  
Scholastic Book Fair**

**Tuesday 2nd and Wednesday 3rd October – Parent/  
Teacher Consultation Meetings, 3:30-6:30pm**

**Wednesday 3rd October – Healthy Smiles in to meet  
Foundation and Yr1**

**Monday 15th until Friday 19th October – Swimming  
lessons for Yr4 children**

**Monday 22nd – Friday 26th October – Half Term**

**Monday 29th October – Non Pupil Day**

**Friday 2nd November – Non Pupil Day**

## Liturgy in School

Please join us for whole school liturgy on Monday at 9.00 am.

The theme for our prayer and worship next week is:

## JESUS IS AMAZING!

Jesus, you are brilliant! Thank you for all the wonderful things you do. Thank you for loving us so much.  
Amen



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of the Cross  
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**Friends of School AGM  
coming soon.  
Everyone in our school family  
is welcome to join.**



Tuesday 2nd and Wednesday 3rd October  
3:30—6:30pm

Appointments are now available via our website:  
<https://cathedral-school.eschools.co.uk>



<b>Julia Donaldson</b>	<b>91.67%</b>
<b>Roald Dahl</b>	<b>92.86%</b>
<b>Michael Morpurgo</b>	<b>90.74%</b>
<b>David Walliams</b>	<b>95.08%</b>

We have been busy this week....



This week in English, Julia Donaldson and Roald Dahl class went on a bear hunt to find a bear hiding in the playhouse on the playground! We then wrote invitations inviting our bears to a picnic which we then enjoyed on the playground today!



We are extremely lucky this term to be able to offer the following clubs:

Monday	<b>Gymnastics</b> Foundation-Year 6	3:15 - 4:30pm
Tuesday	<b>Multi Sports</b> Foundation-Year 2	3:15 - 4:30pm
Wednesday	<b>Multi Sports</b> Year 3 - Year 6	3:15 - 4:30pm
Thursday	<b>Fitness</b> Foundation - Year 6	3:15 - 4:30pm
Friday	<b>Archery</b> Year 3 - Year 6	3:15 - 4:30pm

Please book a place via:

<https://www.premier-education.com/>

Minutes late per day	Equivalent of missing
5 Minutes	3.4 school days a year
10 Minutes	6.9 school days a year
15 Minutes	10.3 school days a year
20 Minutes	13.8 school days a year
30 Minutes	20.7 school days a year

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## HEALTH CARE INFORMATION

**When your child is unwell, it can be hard deciding whether to keep them off school. These simple guidelines should help.**

Not every illness needs to keep your child from school. If you keep your child away from school, be sure to inform the school on the first day of their absence.

Use common sense when deciding whether or not your child is too ill to attend school. Ask yourself the following questions:

- Is my child well enough to do the activities of the school day? If not, keep your child at home.
- Does my child have a condition that could be passed on to other children or school staff? If so, keep your child at home.
- Would I take a day off work if I had this condition? If so, keep your child at home.

**Cough and cold.** A child with a minor cough or cold may attend school. If the cold is accompanied by a raised temperature, shivers or drowsiness, the child should stay off school, visit the GP and return to school 24 hours after they start to feel better. If your child has a more severe and long-lasting cough, consult your GP. They can give guidance on whether your child should stay off school.

**Raised temperature.** If your child has a raised temperature, they shouldn't attend school. They can return 24 hours after they start to feel better.

**Vomiting and diarrhoea.** Children with diarrhoea and/or vomiting should definitely be kept off school until at least 48 hours after their symptoms have gone.

**Sore throat.** A sore throat alone doesn't have to keep a child from school. But if it's accompanied by a raised temperature, your child should stay at home.

### Head lice and nits

Head lice and nits are very common in young children. They don't have anything to do with dirty hair and are usually picked up from head-to-head contact.

Head lice are small insects, up to 3mm long, and can be difficult to spot.

Head lice eggs (nits) are yellow, brown or white (empty shells) and attached to the hair.

Head lice sometimes can make your head feel itchy, like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice or eggs.

You can do this by combing their hair with a special fine-toothed comb (detection comb). You can buy these online or at pharmacies.

### Important

#### You can treat head lice without seeing a GP.

Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice.

#### There's no need to keep your child off school if they have head lice.

### You can't prevent head lice

There's nothing you can do to prevent head lice. You can reduce the risk of lice spreading by avoiding head-to-head contact.

Don't use medicated lotions and sprays to prevent head lice. This can irritate the scalp.

There's no need for children to stay off school, or to wash laundry on a hot wash.